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OPEN SEMINAR SERIES

Wednesday 12 February 2014 11:15 - 12:15

> SEERC Conference Room 3rd Floor Strategakis Bldg

"Positive Dyslexia: Working to our Strengths"

By Prof. Rod Nicolson, Dept. of Psychology, University of Sheffield

ABSTRACT

Positive Dyslexia* adapts the approach of the worldwide 'Positive Psychology' movement. It has the key idea that every dyslexic individual has their own unique potential strengths, and if we can identify and nurture these strengths, while providing the inspiration and the opportunities to secure a job that matches these strengths, then that individual will have a fulfilled, fulfilling and productive life. The programme combines four normally disparate approaches: cognitive neuroscience, work psychology, education and positive psychology. The talk is designed to appeal to psychologists from all research backgrounds, and indeed anyone interested in improving the prospects of a happy and fulfilled life for themselves, their family and their friends!

*The 'Positive Dyslexia' initiative was launched by Prof. Rod Nicolson and three colleagues at the IDA Parents conference in 2012, and has been welcomed as a transformation from the disability focus of recent decades.

The seminar series is open to all members of staff and students of CITY and to any externals that wish to attend.



